

# For Providers and Kinship: Online Education for Children, Youth, and Family

Empower caregivers with comprehensive  
and evidence-based e-learning content

According to the National Survey of Children's Health, an estimated 20% of children under 18 years of age have a special health care need in the United States. This includes household insufficiency, housing hardship, and medical hardship.<sup>1</sup> To meet this need, the federal government provides opportunities for U.S. states and jurisdictions to improve public health systems for mothers, children, and their families.

**Relias' Children, Youth, and Family e-learning** library offers content rooted in evidence-based practices and tailored to meet the diverse needs of licensed clinicians, peer support specialists, and kinship. Our best-in-class content supports efforts to improve the lives of children with special needs by educating those who care for them through courses that are engaging and effective.

## BUILT WITH IN-HOUSE EXPERTISE

Relias' Children, Youth, and Family content is created with in-house subject matter experts and rooted in adult learning theory, with story-based and simulation-based content. These courses include a variety of learning modalities, such as Relias Pro on the Go training (for point of care reference), microlearning, and even podcasts. <sup>1</sup>(2022) HRSA. Retrieved from <https://mchb.hrsa.gov/sites/default/files/mchb/programs-impact/nsch-data-brief-children-youth-special-health-care-needs.pdf>

## Topic

## Course Titles

## Example Users

### Addiction

- Assessing and Treating Alcohol Disorder
- Assessing and Treating Substance Use Disorder
- Treating Gambling Disorder
- Influence of Trauma on Substance Use

### Behavioral Health Ethics and Practice Skills

- Approaches to Person-Centered Planning in Behavioral Health
- DEI: Achieving Greater Health Equity in Your Organization
- Strategies for Effective Use of the DSM-5-TR

### Children, Youth, and Families

- Activities for Preschoolers: Active Play as a Meaningful Learning Tool
- Addressing Behavioral Health Needs of Individuals Involved in Child Welfare
- An Introduction to Trauma-Informed Care
- Crises Management Approaches for Telehealth Services with Children and Adolescents
- Fetal Alcohol Spectrum Disorders
- Developmental Stages from Birth to Five Years Old
- Overview of Sudden Infant Death Syndrome
- Children with Disabilities: Development and Inclusion
- Social Media and the Behavioral Health of Children and Adolescents

### Integrated Care

- Case and Care Management
- Human Trafficking: A Growing Epidemic
- Type 2 Diabetes in Adolescents and Children
- Working with Individuals who have Experienced Pregnancy or Infant Loss

#### All Topics

- Social Workers
- Peer Support Specialists
- Counselors
- Behavioral Health Specialists
- Nurses
- Providers
- Kinship Caregivers

If you're interested in learning more about the Children, Youth, and Family Library or the Relias Platform, please contact us.

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