



## **Trauma-Informed, Collaborative Family Team Meetings**

### **Provider Checklist**

#### **Overarching Concepts**

- All relevant providers are invited: birth parent(s), resource parent(s), community coordinator, DCPD case worker, START clinician, START family advocate, START, peer recovery specialist, attorney for DCPD, attorneys for the birth parents, child(ren)'s attorney, IOP providers, visitation supervisors, other supports.
- Role clarity: SBCT role is to create the agenda and facilitate collaboration between those attending, helps to set goals. Person assigned to take notes and distribute to all.
- Focus on and recognize strengths of caregiving system.
- Provide birth parent(s) the opportunity to speak on their treatment and goals.
- Collaborate on problem solving and set concrete, achievable goals.
- Assist families with transitions.
- Providers attend meeting with an empathetic ear and information to share.
- Set ground rules and rephrase stigmatizing language to trauma-informed language.
- Include focus on what birth parent has accomplished and overcome.
- When faced with stigma, offer alternate perspectives and trauma-informed lens.
- Prep with caregivers before meeting and follow up after, as needed.
- End with goals for next meeting.

#### **Meeting Content**

##### **Child-focused meeting:**

1. Include goals identified in previous meeting. Identify which were achieved and which remain.
2. Identify upcoming appointments.
3. Review completed assessments.
4. Share info from recent medical appointments. Identify needed follow-up.
5. Discuss needs of the child while in resource home: are there providers to help with those needs?
6. Birth parent is invited to speak about concerns for child.
7. Highlight areas of consistent caretaking routines between homes.
8. Birth parent is invited to speak about visitation.

##### **If meeting includes discussion of birth parent's treatment:**

1. Speak about child first, then the resource parent can log off.
2. Parent is invited to share their experience and progress.
3. Each provider can speak individually how mom is progressing and acknowledge her strengths.