



## The Trauma CARE Model: A Relational Approach for Parents in Recovery

### Client Empowerment

In what ways do clients currently have choice and voice in my agency?

Are there any barriers to creating more choice and voice for the clients served?

What is one thing I can do in my agency to encourage client choice and voice in treatment planning?

What would be one concrete step to implementation?



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### Template for Measurement Informed Care

What is one benefit that MIC would bring to my agency?

What clinical assessments, if any, does my agency use?

Is there anything we screen for at intake that would be helpful to follow up on at discharge?

What additional subjects or topics would be helpful to measure?

Based on length of care, how often should measurements be given?

Other than length of sobriety, what is another way client success can be measured?

What is one step I can take to bring this practice further?

#### Links to assessments useful in dyadic TIC:

ACE Study information and survey:

<https://www.cdc.gov/violenceprevention/aces/ace-brfss.html>

Trauma Symptom Checklist for Children:

<https://www.nctsn.org/measures/trauma-symptom-checklist-children>



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UCLA-PTSD Assessment for Adults:

<https://istss.org/clinical-resources/assessing-trauma/ucla-ptsd-assessment-tools>

Identification, Screening, Assessment, and Referrals in Early Childhood Systems

<https://www.zerotothree.org/resource/identification-screening-assessment-and-referrals-in-early-childhood-systems/>

Harvard University Center on the Developing Child Resources

<https://developingchild.harvard.edu/resources/>