**BIO PSYCHOSOCIAL ASSESSMENT**

**NARRATIVE SECTION**

**Note to Evaluator: Italicized prompts will not display in printed reports. Therefore, please be sure to respond in full and complete sentences. For a complete document training overview, please view the available training document**

**Identifying Information:**

**Individuals Interviewed:**

|  |  |  |
| --- | --- | --- |
| **Last Name** | **First Name** | **Relationship to Youth** |
|  |  |  |
|  |  |  |
|  |  |  |

**Documents Reviewed:** *Provide a list of any documents reviewed relative to this youth and family.*

|  |  |  |  |
| --- | --- | --- | --- |
| **Document Type** | **Author** | **Date**  | **Initial Requestor of Document (e.g. CMO, CST, Court, etc.)** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**Collateral Contacts:** *List all relevant collateral contacts that provided information for this evaluation. Collateral contacts may include grandparents, adult siblings, school personnel, OP providers, neighbors, friends, or anyone else who the youth or family deem supportive. The interviewed individuals listed above (including the youth) may not count as collateral contacts.*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Last Name** | **First Name** | **Relationship to Youth** | **Method of Contact (in person, phone, etc.)** | **Date** |
|  |  |  |  |  |
|  |  |  |  |  |

Where does the youth currently reside (home, detention, hospital, etc.)?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **Reason for Evaluation:**

*Who is the referral source? What prompted this referral (for example, detention center staff requested the BPS based on the youth’s screening, based on outcome of MAYSI, school recommendation, etc.)?*

|  |
| --- |
|  |

*Why is the youth in need of an evaluation at this time, as described by the youth and family? Provide an integrated summary that includes the family’s story, current circumstances, family’s goal for evaluation, and needs of the youth and family. Specify any symptoms, behaviors, and/or risk factors for which the youth is being referred.*

**Youth Perspective:**

*Where does youth feel most safe and with whom? What does the youth identify as most predictable about his/her support and environment? What does the youth want? What does the youth enjoy? What makes the youth feel better?*

*How does the youth identify in terms of culture, race, religion, ethnicity, language, gender,, sexual orientation, etc. How does this impact her/his life?*

**Significant History/Life Events:**

*Note any past history of the youth’s emotional and behavioral challenges. This information should include past risk behaviors (suicidal/homicidal ideation or gestures, etc.). Include duration for onset, severity, frequency, precipitants and mitigating factors. Note any significant challenging life events that may have impacted the youth’s past and/or current presentation. Describe the event(s) as related to the behavior described. Some examples may include abuse/neglect, trauma, divorce, domestic violence, death, familial substance use, and legal involvement.*

*Note any successes/experiences that are reflective of resiliency and optimism. This information should include any protective factors and strengths. Note any significant successful life events that may have impacted the youth’s past and/or current presentation. Some examples may include adoption, school completion, hobbies, interests, family vacations, awards, etc.*

**Developmental/Medical/Substance Use History:**

1. DEVELOPMENTAL HISTORY

*Describe the youth’s development and growth history. This should include information from the youth’s time in utero through present day and should detail concerns related to development and any intellectual or developmental challenges.*

Did the youth’s mother have access to prenatal care? [ ]  Yes [ ]  No [ ]  Unknown

Length of pregnancy: [ ]  Pre-Term [ ]  Term [ ]  Post-Term

*Please note any complications present in utero and/or at birth. Also, please describe the mother’s level of stress and support system throughout the pregnancy. Note any concerns related to postpartum depression.*

Was the youth exposed to alcohol before birth? [ ]  Yes [ ]  No [ ]  Unknown

Was the youth exposed to other substances before birth? [ ]  Yes [ ]  No [ ]  Unknown

Was the youth exposed to other toxins before birth? [ ]  Yes [ ]  No [ ]  Unknown

*If any of the above was answered “yes”, specify type (i.e. prescription medications, illegal substances, etc.):*

*Note any parent/caregiver concerns related to the youth’s developmental milestones (including crawling, walking, speaking single words, speaking sentences, toilet training, and separation from caregiver). Describe the youth’s temperament as an infant. Note any other parent/guardian or third party concerns during ages 0-5 years. This information should include any concerns noted by the parent/caretaker related to attachment. Also, note any efforts taken to access support and interventions as well as identified supportive, strong attachments:*

*If FSIQ is available, provide the IQ score, date of IQ evaluation, and name of evaluator. Specify IQ and means of assessment. If IQ is unknown, compare youth’s chronological age to his/her developmental age:*

If FSIQ is below 70, has youth ever been referred for DD eligibility? [ ] Yes [ ] No\* [ ] Unknown

If answered “yes”, was youth deemed eligible for services? [ ] Yes [ ] No [ ] Unknown

*\*If “NO”, please. Seek information related to the DD eligibility process.*

1. MEDICAL HISTORY

Is/was the youth diagnosed with a medical condition? [ ]  Yes [ ]  No [ ]  Unknown

*If answer is “yes”, provide diagnosis, current health status, and interventions required, if applicable. If answer is “no”, verify that youth is currently healthy with no medical conditions/concerns at this time. Indicate any past relevant medical history information.*

*Has the youth been evaluated or treated by a medical specialist?* [ ]  Yes [ ]  No [ ]  Unknown

*If answer is yes, please include relevant additional evaluation information:*

*Is the youth currently prescribed medication? If YES, please provide the name, dosage, and frequency of dose (include any vitamins/supplements). What is the medication targeting? Please note any side effects.*

Has the youth ever been treated for a serious injury (including a head injury*)?* [ ]  Yes [ ]  No [ ]  Unknown

Has the youth ever had or been treated for a seizure?[ ]  Yes [ ]  No [ ]  Unknown

Has the youth ever been treated for lead poisoning?[ ]  Yes [ ]  No [ ]  Unknown

*If checked “yes” to any of the above, provide the youth’s age of onset, intervention, and outcome, if appropriate. If checked “yes” for seizures, include the frequency of seizures and seizure type (e.g. grand mal, petit mal, atonic, epilepsy, etc.).*

1. SUBSTANCE USE HISTORY

*Note any concerns related to substance use within the family, including youth and/or other family members. Include substance(s) of choice and any identified patterns of use. Describe any issues/concerns about the youth’s behavior at school as it relates to substance use (e.g. suspensions, declining grades, truancy, intoxicated at school, etc.). Note if substance use treatment is a condition to remaining in or returning to school:*

**Family Structure and Dynamics:**

**Family Composition Grid:**

|  |  |  |  |
| --- | --- | --- | --- |
| **NAME** | **RELATIONSHIP** | **AGE** | **RESIDES IN HOME WITH YOUTH** |
|  |  |  | [ ] YES [ ] NO  |
|  |  |  | [ ] YES [ ] NO  |
|  |  |  | [ ] YES [ ] NO  |
|  |  |  | [ ] YES [ ] NO  |
|  |  |  | [ ] YES [ ] NO  |

*Describe youth’s family composition, family dynamics, and family environment. This section should include information pertaining to the youth’s relationships with parents/guardians, siblings, extended family, kinship/resource family, and other supports identified by the family and youth. Include any other people who reside in the home who are not family (include name and relationship to youth). This section should cover the scope of youth and family environment, routine daily activities, shared family activities and values (including culture and spirituality) that family members consider especially important, family strengths, and coping skills. If the family member does not reside with the youth, please specify frequency of contact. Include youth’s birth order (only child, oldest, youngest, etc.).*

*Provide information about any family specific significant events, struggles and strengths, which might include marriages/unions, births, losses, significant achievements, relocations, separations, immigration/acculturation, parenting challenges, legal challenges, substance use challenges, family reunions, special family outings, mental health challenges, medical challenges, financial challenges, etc.*

**Child Welfare Involvement:**

Has the youth and family ever been involved with Child Welfare?

[ ] Yes, currently “open” with Child Welfare

[ ] Yes, but not actively “open” at this time.

[ ] Family has never been involved with Child Welfare

[ ] Family refuses to disclose information.

*Note: if “Yes currently open” or “Yes, but not actively open”, the assessor must complete the following:*

*Describe the circumstances in which the youth and family’s involvement with DCPP occurred. If the family is “open” with DCP&P, please specify (open for investigation or open for services). Note if DCP&P has legal authority of youth (if so, specify custody or guardianship). Note DCP&P’s permanency plan for youth, if applicable.*

**Most Recent Caseworker Information:**

|  |  |
| --- | --- |
| Case Worker Name: |  |
| DCP&P Office: |  |
| Phone #: |  |
| Date of Last Contact: |  |

**Out of Home History**

Has the youth ever been removed from the home or entered another OOH setting? [ ] Yes [ ] No

If “yes”, indicate below (check all that apply):

[ ] Relative/Kinship home [ ] OOH Treatment Setting (TH, GH, RTC, SPEC, PCH, IRTS, etc.)

[ ] Resource Family Home [ ] Hospital (medical or psychiatric)

[ ] Juvenile Detention/Jail [ ] Shelter

 [ ] Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total # of placements/OOH treatment admissions: \_\_\_\_\_\_

*What were the circumstances for the above? Note any significant events that occurred while the youth was in placement/OOH treatment (i.e. change in legal status, hospitalization, exposure to abuse/neglect, etc.):*

**Social Functioning/Peer Relationships:**

*Describe youth’s relationship with peers, community members, and authority figures (teachers, pastors, coaches, etc.). Include number of friends, ages and gender, level of closeness, changes in peer groups, etc. This section should include information about the youth’s ability to build and maintain relationships and function in various social settings (school, community, teams, sibling relationships, etc.) as well as any identified barriers to social functioning. Include any applicable information pertaining to bullying (victim or perpetrator).*

**School/Vocational Experience**

*Detail the quality of the youth’s CURRENT and PAST school experience. Include level of involvement, activities, sports, achievements, favorite subject, etc. Note any difficult and/or repeated grades, periods of suspension, bullying, periods of “home instruction”, etc.:*

*Detail Child Study Team Involvement (if applicable). If the youth is educationally classified, include classification and name/phone # of CST case manager:*

*Please note any vocational or career aspirations that the youth may have. Note if the youth is involved with (Division of Vocational Rehabilitation Services):*

**Legal Involvement:**

*Note if the youth has any history or active legal involvement (examples include charges, arrests, detainment, incarceration, probation, adjudications/convictions, etc.). Please include the current status of any current legal involvement, if applicable:*

**Current and Past Treatment:**

**Mental Status:**

*Detail the youth’s mental status presentation by describing the following:*

***GENERAL APPEARANCE*** *(include build, posture, dress, grooming, atypical physical appearance, level of alertness, emotional facial expression, attitude with evaluator, etc.)*

***BEHAVIOR*** *(describe psychomotor activity, rate and coordination of movements, gait, etc.)*

***SPEECH*** *(describe rate, rhythm, volume, content, etc.)*

***THOUGHT PROCESS*** *(describe the logic, relevance, organization, flow, and coherence of thought in response to general questioning during interview)*

***THOUGHT CONTENT*** *(describe and discuss the themes that occupy any thoughts and/or perceptual disturbances, preoccupations, illusions, misinterpretations of environment, hallucinations, delusions, etc.)*

***RISK ASSESSMENT*** *(assess thoughts of suicide, homicide, self-harm, and/or harm to others. Include details on plans, means, intent, triggers, risk factors, and protective factors)*

***COGNITION*** *(describe orientation, attention, concentration, memory, abstraction, etc.)*

***INSIGHT*** *(describe the youth’s awareness of own needs and/or situation)*

***JUDGMENT*** *(describe the youth’s ability to anticipate the consequences of his/her behavior and make decisions to safeguard own well-being and that of others)*

**Diagnosis:**

\*No changes needed; using current CYBER functionality

**Interpretive Summary**:

*This summary should integrate all gathered assessment information and serve as a clinical formulation describing the assessor’s clinical impressions of the youth and his/her family. This information should speak to the understood etiology of the youth’s presentation, the youth and family’s knowledge/understanding of the presenting issues, the motivation of the youth and family to be involved in treatment and to make behavioral change, strengths of the youth and family that reflect optimism and resiliency, youth/family preferences, and any barriers to treatment:*

**Additional Narrative:** *Please include any other relevant information in the space provided below:*

**Recommended Interventions and Strategies:**

*This section should detail the specific components of care that will benefit the youth and family. Using the above information, outline your treatment recommendations as developed in collaboration with the youth and family. These recommendations should detail priority target behaviors and goals and must indicate strength based strategies, resources, and supports that can be used to address the needs of the youth and family. Recommendations should include reference to a youth’s need in domains/factors such as safety, supervision, structure, relationship building, self-regulation, social interaction, communication, etc. relative to target behaviors, strategies, supports, and services. Detail recommended frequency and intensity of interventions. Recommendations should not include specific intensities of service (e.g. OOH). Where specific modality preferences (DBT, TF CBT, etc.) are recommended, provide details on the modality components that drive the recommendations and benefit the youth.*

**Imminent Safety Concerns:** *This section should note specific intervention strategies employed that addressed any imminent safety concerns that were identified or arose during the course of the evaluation:*

**Referrals/Resources:** *Note any referrals and/or resources that were provided to this family by this evaluator at the time of this evaluation:*

**Attestation statement: I attest that I have administered and completed this biopsychosocial assessment and am operating within the standards set forth by and my specific board regulations: ­­­­­­­­­­­­­­­** [ ]

**Evaluator Electronic Signature/License #:­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Supervisory Electronic Signature/License #:­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**